

JESSICA QUINTERO, PSYD

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PROFESSIONAL OBJECTIVE

To contribute in the personal development of individuals, groups, agencies and communities through my knowledge and clinical experiences.

EDUCATION AND LICENSURE

COMMONWEALTH OF PUERTO RICO PSYCHOLOGY LICENSED - 3802

CARLOS ALBIZU UNIVERSITY San Juan, PR
Doctor in Clinical Psychology (Psy.D.) (APA Approved) August 2001 – August 2009
GPA 4.00

DEPARTMENT OF VETERANS AFFAIRS San Juan, PR
Doctoral Internship in Clinical Psychology (APA approved) August 2008 – July 2009

CARLOS ALBIZU UNIVERSITY San Juan, PR
Master of Science in Clinical Psychology August 2001- December 2007
GPA 4.00

UNIVERSITY OF PUERTO RICO Rio Piedras, PR
Bachelor of Arts in Social Sciences with Major in Psychology August 1988 - December 2000
GPA 3.31

AWARDS

2009 Summa Distinction at Carlos Albizu University (PsyD Program)
2007 Summa Distinction at Carlos Albizu University (M.S.)
2003 Academic Excellence at Carlos Albizu University
2000 Magna Cum Laude at University of Puerto Rico

CLINICAL EXPERIENCE

Psychologist in Private Practice San Juan, PR
Clinical Psychologist August 2011 – Present
Weekly 40 clinical hours

Provide services of psychotherapy and assessment to individuals, groups and families in different clinical aspects with moderate to severe psychiatric difficulties. Services included are psychological assessment, psycho-diagnostic evaluations, evidenced-based individual and group psychotherapy of clients, as well as assessment and treatment of suicidal/homicidal individuals, while exercising full professional responsibility for findings and interpretations. Serve as resource and consultant to assess high-risk clients to coordinate care in line with the development and implementation of a complete plan of care. Provide direct consultation to other psychologists, social workers and other medical professionals. Responsible of maintaining clinical, professional and administrative records. Maintain a high level of proficiency through continuing education in the areas of assessment, treatment, risk management, quality improvement and performance. Trained on “*EMDR Therapy*”, “*Cognitive Processing Therapy*” and “*Prolonged Exposure Therapy*” for Post Traumatic Stress Disorder, as well as “*Systematic Desensitization process*” for

Generalized Anxiety Disorder. Trained to provide services to patients with a primary medical condition, as well as chronic pain, in outpatient and inpatient settings.

- EMDR Therapy Practitioner
- Conduct bio-psychosocial individual psychotherapy to children, adolescents and mainly adults.
- Case consultation with peer psychologists and other professionals in the community to include medical doctors and social workers. Also, case consultation with attorneys at law, prosecutors and other legal professionals.
- Psychometric and Psychological Assessments for Children and Adults
- Conceptualizations through different therapeutic modalities for a variety of mental health conditions such as Cognitive-Behavioral, Psychodynamic, Humanistic-Existential and Trauma Models, among others.
- Working with different therapeutic modalities for a variety of mental health conditions
- Assessment, treatment of suicidal/homicidal individuals and crisis interventions
- Assessment and diagnosis of acute mental health conditions
- Plan and implement individual therapy to complex cases that included personality disorders, Posttraumatic Stress Disorder, pain disorders and Mood Disorders.

TEACHING EXPERIENCE

Broadcast health psychologist at Tiva TV Canal de Salud	San Juan, PR August 2017 - Present
BRAXTON PUERTO RICO Independent Lecturer and consultant Weekly 6 hours	Guaynabo, PR January 2016 – 2019
EDP UNIVERSITY Teaching classes to bachelor and master level students Average 15 credits per semester	Hato Rey, PR September 2016 - 2019

CLINICAL EXPERIENCE

DEPARTMENT OF VETERANS AFFAIRS <i>Clinical Psychology Internship (APA approved)</i> <i>Hours completed: 2080</i>	San Juan, PR August 2008 – July 2009
BIOPSYCHOSOCIAL PROGRAM, MEDICAL SCIENCES CAMPUS UNIVERSITY CHILDREN HOSPITAL	San Juan, PR July 2004 – July 2005
SUPPORT PROGRAM FOR SEXUALLY ABUSED VICTIMS AND THEIR FAMILIES (PAF)	San Juan, PR August 2003-June 2004
COMMUNITY MENTAL HEALTH CLINIC, INC. <i>Psychologist in Training</i>	San Juan, PR August 2002 – June 2003
ABA OF PUERTO RICO, INC. <i>Therapist</i>	Bayamón, PR January 2002 – March 2002

RESEARCH EXPERIENCE

CARLOS ALBIZU UNIVERSITY

San Juan, PR

Doctoral Dissertation

August 2007- July 2009

Topic: Professional Puerto Rican woman: Needs, life satisfaction,
and management in role multiplicity

- Research Advisors: Gladys Altieri, Ph.D. and Carmen Auger, Psy.D.

CERTIFICATIONS

EMDR Practitioner

San Juan, PR

CARLOS ALBIZU UNIVERSITY/

San Juan, PR

SEXUAL ABUSE PROGRAM

August 2003- June 2004

Certification in Sexual Abuse

PROFESSIONAL AFFILIATIONS

2007- Ongoing American Psychological Association

TRAININGS

Dissociation and the Multidimensional Inventory of Dissociation
J. Madere and D. Coy ▪ May 2022

EMDR Trainings and Continuous Practice
EMDR International Association ▪ September 2020 - Present

Resiliency: capabilities enhancement
Psychological Association of PR ▪ April 2019

Neuroscience and Mindfulness Symposium
The Institute for Cognitive Neuroscience ▪ May 2018

Intellectual disability through Gentle Teaching
Sylvia Martinez ▪ July 2016

DSM-5: Towards a critical use of the new diagnostic manual
Alfonso Martinez Taboas ▪ November 2014

Depressive Disorders in Puerto Rico
Maria De Lourdes Rivera, PhD ▪ November 2014

FACT: A short intervention model based on Acceptance and Commitment Therapy
Jessika Talavera, Ph.D ▪ October 2014

DSM-5: Sociocultural and Genre Perspective
Maria Oquendo, PhD, Alfonso Martinez Taboas, PhD,
Roberto Lewis, PhD, Vimary Rodriguez, PhD ▪ November 2013

Reconstituted Families: A Systemic Applied Perspective (2 day seminar)
Antonio Bustillo, Ph.D, LMFT ▪ February - March 2012

Certificate of training on the “Family Seminar and Workshop”
VA Caribbean Healthcare System ▪ October – January 2009

Certificate of training for having participated in the “Sexuality and Health Seminar” (16 hours)
VA Caribbean Healthcare System ▪ February – April 2009

Diagnostic Findings Spectrum in Sexual Abuse
Maria L. Aponte, M.D. ▪ April 2005

Effective Expert Witness Testimonial
Jorge Toledo, JD ▪ April 2005

Workshop: Interagency Interventions for Holistic
Well-being of Women Survivors and Quality of Services
Delia M. Camacho, PhD
Linda Laras, MD, MPH, FACOG
Valerie Edwards, Psy.D. ▪ December 2004

Two hundred (200) hours of training program of Support Program
for Sexually Abused Victims and their Families (PAF),
sponsored by the Family Department of the Commonwealth of Puerto Rico
Carlos Albizu University ▪ November 2003 – July 2004

Trauma Neuropsychology EMDR & TRT
Juan Acevedo, Ph.D. ▪ June 2004

Suicide in Puerto Rico
José R. Rodríguez ▪ May 2004

PRESENTATIONS

Workshop presentation for EDP University of Puerto Rico in “Changing Mental Schemes” at San Juan, Puerto Rico on March, 2017.

Workshop presentation for Federacion de Capellanes de Puerto Rico in “Third Age: Rights and Perspective” at Hatillo, Puerto Rico on February, 2016.

Workshop presentation for Federación de Capellanes de Puerto Rico in “Domestic Violence in Puerto Rico” at Iglesia Abriendo Surcos, Rio Grande, Puerto Rico on January, 2015.

Workshop presentation for Federación de Capellanes de Puerto Rico of “Domestic Violence in Puerto Rico” at Iglesia de Jesucristo Unción y Poder, Quebradillas, Puerto Rico on November, 2014.

Presentation of “Maltrato de Menores” at Iglesia Abriendo Surcos, Rio Grande, Puerto Rico on November, 2013.

Journal Club PSM Psychiatry Residency Program presentation of an article “Treating Comorbid Panic Disorder in Veterans with PTSD” in the VA Caribbean Healthcare System, San Juan, Puerto Rico on July 8, 2009.

In-Service presentation of a “Psychological Evaluation: A Case Study” in the VA Caribbean Healthcare System, San Juan, Puerto Rico on November 18, 2008.

In-Service presentation of “Professional Puerto Rican woman: Needs, life satisfaction, and management in role multiplicity” in the VA Caribbean Healthcare System, San Juan, Puerto Rico on November 18, 2008.

SKILLS

- Academic: Dedicated to the efforts of improving quality of life of individuals; structured and detailed, highly developed teamwork skills, strong leadership, and superior communication skills.
- Clinical: Highly developed skills with initial structured interviews and data summary for the psychosocial file of the patients, as well as the conceptualization of clinical cases and professional handling of files.
- Proficiency in the use, administration, correction and interpretation of intelligence, personality and inventory tests, as well as writing psychological reports with emphasis in cognitive, personality and disability.
- Computer: Complete domain in computer, Internet and programs such as Microsoft Windows, MS Office (Macintosh, 98', 2000, XP, Vista) and CPRS programs.
- Languages: Completely fluent in Spanish and English languages, written and spoken.

RELATED INTERESTS

Trauma (PTSD and Sexual Abuse); Positive and Prevention Psychology (Resilience and spirituality); Neuropsychological Assessment; Health Psychology; Family Therapy